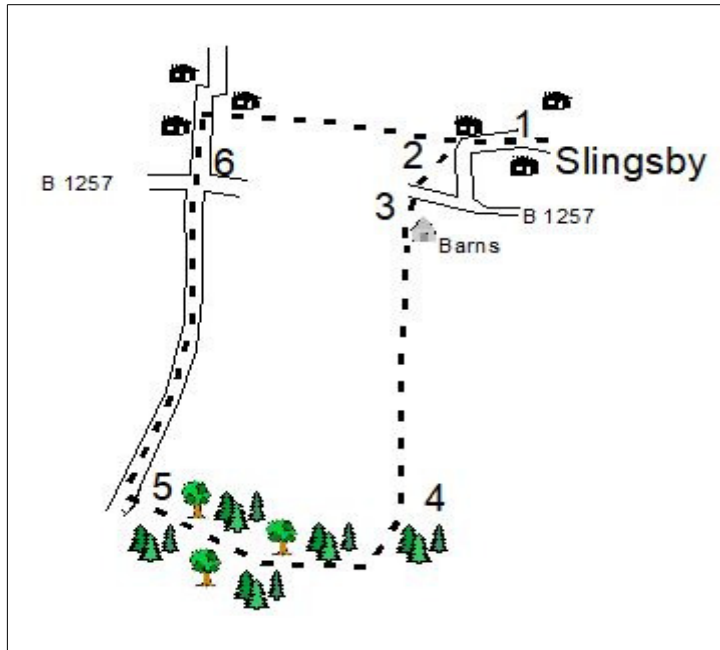


Fryton Woods

A relatively short walk that takes in some of the best views from the Howardian Hills over the Vale of Pickering to the North York Moors. The half mile wooded section along the Centenary Way is particularly beautiful at bluebell time.

Start – The Village Green

Distance – 2 $\frac{3}{4}$ miles **Duration** - 1 – 1 $\frac{1}{2}$ hours



1. From the Maypole in the centre of the Green, head southwest (past the bus stop and small parking area). At the corner (100 metres) bear left, and straight away cross the road to join a marked footpath between farm buildings and a large bungalow (Castle Garth). A Kissing Gate straight ahead gives access into the field.
2. Immediately after passing through the gate bear left at 10 o'clock and go over a series of clearly visible stiles and gates to reach the main B1257 road.
3. Cross the road carefully then, almost opposite, join the waymarked bridleway track that heads uphill towards the right of some farm buildings. The track bends after the buildings then continues its climb.
4. As you reach the forest go through the gate and walk right for 30 yards then the path turns left into the forest (waymarked). Follow that path (300 yards) and turn right when it meets a track. This section is well known locally as the bluebell wood and is a massed carpet of flowers in late April / early May.
5. Turn right when the track meets a tarmac road. Enjoy the views from there and as you walk down the road towards Fryton village which can be seen ahead. At the crossroads cross the main road and continue toward the village.

6. Before the first building on your right, turn right and join the waymarked Public Footpath. Follow this path towards Slingsby, whose castle remains now appear straight ahead. At the third gate you enter the farmyard through which you started the walk. Exit on to the road (High Street), cross the road at 10 o'clock and follow it round and back to The Green.

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